Our programs and services work together to improve the quality of life for each client we serve. We provide:

+ Financial education & coaching
+ Homeownership services
+ Housing stability services

I really realized the effect the violence had on my kids and the cycle. I do not want that for my kids.
Family Violence Intervention

Anger Management
We offer a 16-week anger management program designed to help individuals learn how to control and process their anger without engaging in extreme behavior. Participants learn new coping skills and stress management strategies.

This program is approved for pre-trial intervention and certain cases may be assigned to our Batterers Intervention Program, designed to end the cycle of relationship violence.

Batterers Intervention
This 26-week program is designed to end the cycle of relationship violence. Perpetrators learn to recognize adverse behaviors as well as skills and techniques to decrease adverse behaviors. This program is certified and approved for pre-trial intervention in the state of South Carolina.

The evidence-based program helps perpetrators of domestic violence to recognize and address adverse behavioral issues such as:

+ Negative belief system
+ Verbal & physical violence
+ Aggressive behavior
+ Need for power, control, & dominance
+ Threats of violence
+ Intimidation

Domestic Violence Victims
The goal of the 16-week program is to increase participants’ self-esteem and empower them to become self-sufficient and independent with a violence-free lifestyle. Five major components of the program include:

+ One-on-one assessment with treatment plan
+ 16-week group support treatment
+ Individual counseling
+ Court advocacy
+ Resource referral

Program topics covered include: safety planning, power vs. equality, cycle of violence, effects on children, communication styles, self-esteem & self-care, financial literacy, rights, and more!

Individual & Family Counseling
We offer counseling to individuals and families for a variety of needs: personal issues, marriage difficulties, family problems, stress, anxiety, grief, workplace issues, and depression.

These classes help you rise above the abuse. They teach you how to take charge of your life, your finances, your feelings, and so much more.

I know that no matter what I say or do, I do not deserve to be mentally or verbally or physically abused.